

ODACS Track and Field Records

Track Events (Metric, Since 1987)								
Event	Junior High				Senior High			
	Name	School	Record	Year	Name	School	Record	Year
50m, Girls	Jessica Johnson	LR	6.34	2004	Leslie Dailey	FF	7.0	1992
50m, Boys	D. J. Cousin	CR	6.44	2004	Scott Farr	TVB	5.92	1988
100m, Girls	Santosha Marshall	MM	12.73	1989	Santosha Marshall	MM	12.16	1992
100m, Boys	Michael Corbin	FF	11.60	2003	Matt Duncan	MCL	11.24	1995
200m, Girls	Emma McLaughlin	LL	25.53	2006	Paula Taylor	BS	27.43	1987
200m, Boys	Dave Lundquist	TVB	23.61	1988	Scott Farr	TVB	22.60	1988
400m, Girls	Santosha Marshall	MM	58.77	1991	Santosha Marshall	MM	1:00.69	1992
400m, Boys	Isaac Marshall	MM	57.10	1991	Jason Smith	SR	51.00	2009
800m, Girls	Susie Wilson	MM	2:40.69	1992	Elizabeth Long	LL	2:27.34	2011
800m, Boys	Nick McLaughlin	LL	2:17.06	2004	Seth Parker	RVR	2:08.28	2000
1600m, Boys	Nick McLaughlin	LL	5:02.47	2004	Nick McLaughlin	LL	4:53.66	2005
400m Relay, G	Mount Carmel	MCL	57.12	2006	Leesburg	LL	55.38	2012
400m Relay, B	Fairfax	FBF	51.28	1999	Southside	SR	46.29	2009
800m Relay, G	Martinsville	MM	1:57.43	1992	Heritage	HW	2:01.43	1998
800m Relay, B	Tabernacle	TVB	1:42.40	1988	Bethlehem	BF	1:39.14	1989

Field Events								
Event	Junior High				Senior High			
	Name	School	Record	Year	Name	School	Record	Year
Shot Put, Girls	Nicole Beasley	TVB	30' 11.5"	1994	Julie Whitehurst	TVB	35' 11"	1984
Shot Put, Boys	Al Burton	CR	48' 9"	1986	Ray Ham	DNN	42' 8.5"	1984
Softball Thr. G	Katie Mullens	LR	191' 11"	2004	Anna Galserano	EA	202' 7"	1979
Softball Thr. B	Fleming	KB	253' 3"	1979	Doug Saunders	DNN	290' 9"	1979
Long Jump G	F Catlett	EDC	15' 7"	1995	Cindy Nichols	MCL	16' 1"	1988
Long Jump B	Matt Duncan	MCL	18'11 1/8"	1993	Matt Duncan	MCL	20' 4 1/2"	1994
Discus, Girls	Jessica Shelton	LR	79' 7 1/2"	2012	C Frazier	LR	87' 1"	1996
Discus, Boys	Chris Edwards	LR	98' 3 1/2"	2010	Kevin Good	MCL	114' 2 1/2"	1995
Triple Jump G					Jackie Bethune	TMH	29' 8 1/2"	2007
Triple Jump B					Jonathan Whiteside	BH	39' 2 1/2"	2010

Track Events (English, Before 1987)								
Event	Junior High				Senior High			
	Name	School	Record	Year	Name	School	Record	Year
50 yd., Girls	Shawn Johnson	DNN	6.30	1981	Jolita Williams	KB	6.04	1979
50 yd., Boys	Chris Sawyer	FBF	6.44	1979	Brad Valentine	FBF	5.70	1981
100 yd., Girls	Melissa Waters	MCL	11.55	1980	Jolita Williams	KB	10.65	1980
100 yd., Boys	Doug Dove	VH	10.05	1980	Jeff Hoffman	EA	9.95	1980
220 yd., Girls	Cindy Nichols	MCL	29.76	1986	Susanne Rae	TVB	28.24	1986
220 yd., Boys	Bruce Andes	VN	24.69	1985	Doug Dove	VH	24.32	1982
440 yd., Girls	Julie Johnson	DNN	1:09.48	1984	Verinique Sanchez	BF	1:10.78	1984
440 yd., Boys	Maynard Farr	TVB	56.95	1983	Maynard Farr	TVB	50.85	1986
880 yd., Girls	Yvette Beauchamp	CNC	2:42.50	1981	Krystal Sharp	BF	2:41.28	1985
880 yd., Boys	Matt Pettitt	DNN	2:17.38	1984	Duain Gullion	MM	2:15.08	1986
Mile, Boys	Paul Bass	CP	5:28.39	1984	William Harper	VE	4:58.00	1983
880 Relay, G	Tabernacle	TVB	2:03.28	1985	Tabernacle	TVB	2:02.62	1985
880 Relay, B	Tabernacle	TVB	1:43.57	1986	Tabernacle	TVB	1:41.76	1983